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BELLY PHUNK SECOND EDITION NEWSLETTER

Welcome to March 2012, the second edition of the Belly Phunk Newsletter.

Our website has been updated with all current details and events with downloadable items in pdf, for your pure entertainment and of course information.

BellyROBICS has taken off in a BIG way at our Kenilworth studio, with more and more women signing up for this class. Women realise, more than ever, that being fit and healthy is a necessity during a very fast-paced lifestyle. This class has proven to be so much fun and quite a workout!

We are very excited to have been invited to this year's International Belly Dance Day (IBDD) celebrations to be held on 12 May 2012 at the Cape Academy of Maths, Science and Technology institute in Constantia hosted by The Feminine Divine. This year will be the 4th participating year for Belly Phunk Belly Dance Studio and we are thrilled to present a bigger performance group on stage. We are currently hard at work putting together the best showcase we possibly can to the best of our ability.

What is the IBDD all about: World belly dance day was first conceptualized by Lydia Tzigane with the following in mind: "Our mission is to unite the initiative of many dancers around the world to celebrate the wonderful art of belly dance as a holiday on the second Saturday in May every year. We got inspired by the idea of holding an event that would serve as a reminder that belly dance is an ART form, a cultural event, a sport, and a social and family entertainment. Belly Dance Day is our way of reaching out and putting our beloved dance form in a nice and different light, by holding an event that would be "family-rated" with all profit going to charity."

International Belly Dance Day

Saturday 12 May 2012

From 10am to 6pm

Venue: Cape Academy of Maths, Science and Technology (CAMST)

Cost:

Dancers entrance fee R30

Spectators entrance fee R50

Vendors fee R250 per stall

Our Market Day will be held on 27 April 2012, starting at 9am. On this day, various vendors will trade their saleable goods from foods, drinks, jewellery, mendhi art, belly dance costumes, clothing and more. We still have a few spots available should you wish to apply to be a vendor. Application forms and more details are available from us on email. info@bellyphunk.co.za. Come and join us for a fantastic day with music, dancing, food, fun and laughter.

Belly Phunk is expanding with proposed classes to be held in Cape Town CBD and Grassy Park during the course of the next few weeks. Please check the website (www.bellyphunk.co.za) for more details on upcoming events and classes.

Today I leave you with my favourite dancing quote by Martha Graham - "Great dancers are not great because of their technique; they are great because of their passion."

Until next time!

Yours In Dance

Mish